

Cardiovascular Disease (CVD) Fund

Questions & Answers

1. WHAT IS THE CVD FUND?

The "Cardiovascular Disease Fund" (CVD) has been designed to provide financial assistance for education, prevention and treatment initiatives regarding cardiovascular disease and related chronic illnesses affecting Cumberland County residents.

2. WHAT IS "CARDIOVASCULAR DISEASE"?

Cardiovascular disease (CVD) is a common term used for a number of medical conditions that affect the heart and/or blood vessels. Examples include coronary artery disease or hardening of the arteries, coronary heart disease, and heart failure.

Identified risk factors which can be addressed during CVD prevention, education and treatment may include smoking, hypertension, diabetes, family history of heart disease, cholesterol and physical inactivity.

3. WHERE DOES IT RANK AS A LEADING CAUSE OF DEATH?

In 2005, the three leading causes of death in Canada were heart disease, stroke, and cancer (*Statistics Canada*). These three causes of death were responsible for 58% of all deaths in Canada in 2005.

4. WHO ADMINISTERS THE CVD FUND?

The Cumberland Health Care Foundation is responsible for the collection & receipting of all donations to the fund. The Foundation then provides access to the fund through prevention, education and treatment programs of the Cumberland Health Authority.

5. DOES THE CVD FUND GIVE MONEY TO RESEARCH

No. The CVD Fund focuses primarily on the provision of prevention, education and treatment programs for cardiovascular disease in Cumberland County.

6. WHO DECIDES ON WHAT CAN BE FUNDED?

All funding requests are submitted in writing to the Cumberland Health Care Foundation. Prior to granting, the request is reviewed by the Cumberland Health

Authority to ensure that it is in alignment with the approved education, prevention and treatment programs that it administers.

7. WHAT ARE EXAMPLES OF WHAT CAN BE FUNDED?

Examples of items that could be funded include the costs involved with education and prevention sessions (printed materials, rental, hosting costs, etc.). Funds may also help with providing specialized equipment, programming, and materials involved with diagnosis and treatment of cardiovascular disease. All donations are used solely for local initiatives in Cumberland County.

8. HOW DO I KNOW IF MY DONATION IS MAKING A DIFFERENCE?

Every dollar donated can help to maintain and potentially expand education, prevention and treatment programs related to cardiovascular disease.

Helping others to help themselves through education, prevention, and treatment initiatives can potentially reduce the incidences of cardiovascular disease in our local communities while improving the quality of life for persons with CVD and their families.

9. HOW CAN I DONATE TO HELP?

Donations can be made in several ways.

If you wish to make a donation using a credit card (VISA, Mastercard or Amex) – please call (902) 667-5400 extension 6210 or visit the www.chcfoundation.website and select the “donate now” button.

If you are making a donation by cheque or money order, please make it payable to:

the Cumberland Health Care Foundation

*(please note that it is for the “CVD Fund”
as this restricts the donation solely for this purpose).*

The donation can be mailed to: CHCF, 19428 Hwy 2 RR6, Amherst NS B4H 1N6 or dropped off at the Cumberland Health Care Foundation offices located just inside the Main Entrance of the Cumberland Regional Health Care Centre.

In Memorials or Tribute donations to the fund are also appreciated and can be made by simply noting donations should be made to the Cumberland Health Care Foundation for the Cardiovascular Disease (CVD) Fund.